



Policy for the payment of session fees when a gymnast is injured or sick: Ruthin & Denbigh Gymnastics Club Ltd - updated 1.5.20

We understand that from time to time, injuries occur, both in and outside of the gym, which have an impact on an individual's gymnastics training.

Refunding of fees that are paid in advance for short-term/minor injuries

It is the Club's policy NOT to refund fees (which are paid in advance) when the injured child will need to take a short time off (a month or less) from the gym. This is so that the Club can continue to operate at capacity (needed to pay leases and operating bills) without having to give the gymnast's place to someone else. (The Club operates a strict Coach to gymnast ratio, which must always be adhered to).

Parent wishing to cancel their child's class - Compulsory 4 Weeks' notice period

As a not for profit organisation the fees are kept to a minimum for future by every member benefiting from a free trial in entry and every member providing the Club with 4 weeks' notice when they leave during which they are encouraged to attend. This allows transition for a new member into our community club.

Reducing payment of fees for long term injury/sickness

If a parent considers that the injury will be longer term i.e. more than the clubs compulsory notice period, the parent may opt to continue to pay their main session fees to hold their place for when they return (additional training add on session "Do More" would not be charged).

For those in the "Do More" programme often the Head Coach will encourage attendance to encourage the gymnast to stay connected to the group and offer an alternative strength / flex programme. A rehab meeting will be arranged with the parent and the gymnast to risk assess any additional help that will be needed to adapt and support that member back to fitness as the Club's priority and aim is for the member to maintain a level of fitness to facilitate a return to their previous group or class before injury presented itself, even if on a differentiated programme.

Payment holiday to temporarily stop fees but continue as a member for long term injury/sickness



In instances where a gymnast has sustained an injury that has a long term recovery or complications present themselves, the parent may wish to suspend their class fees but remain as a member of the Club (effectively a fee payment holiday). This can be actioned by the Club after the compulsory 4 weeks' notice. The parent is encouraged in this instance to communicate regularly with the Head Coach giving as much notice as possible as to when the members will be fit to return so that the Head Coach can begin to look at the most suitable or available place that can be made available at that time.

Rehab Support

The Head Coach on the child's return to the gym will arrange a rehab meeting with the parent and the gymnast to risk assess any additional help that will be needed to adapt and support that member back to fitness. The Club's priority and aim is for the member to return to their previous group or class before injury presented itself.

We do appreciate you keeping in touch with us whilst the injured gymnast is in the rehabilitation phase returning to the gym to help us monitor their recovery and plan for their return.