

If you are interested in joining us, please visit our website and click on enquiry form. We will then contact you to join our waiting list or place you immediately on a free trial.



**Ruthin & Denbigh Gymnastics Club Ltd**  
**Clwb Gymnasteg Rhuthun & Dinbych Cyf**



Free trial for new members joining us after sign up through our enquiry form on our website.

[www.ruthin-denbighgymnasticsclub.co.uk](http://www.ruthin-denbighgymnasticsclub.co.uk)

Prices	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Friday	SATURDAY
60 Minute - £35 per month direct debit 90 Minute - £40 per month direct debit Do More squads plus £25 per month direct debit	Clwyd House Denbigh	Clwyd House Denbigh	Clwyd House Denbigh	Clwyd House Denbigh	Clwyd House Denbigh	Ruthin Leisure Centre	Clwyd House, Denbigh
Stage 13 - Daisies - 60 Minute Class (Nursery)							
Stage 12 - Strawberries - 60 Minute Class (Reception)							9.30-10.45am
Stage 11/10 - Whiteberries - 90 Minute Class (Year 1- ages 5/6)	4.15-5.45pm					4-5.30pm	9.30-11.00am
Stage 9 - Bronze - 90 Minute Class (Year 2 - ages 6/7)	4.15-5.45pm		4.15-5.45pm	4.15-5.45pm		4-5.30pm	9.30-11.00am 11.30am-1.00pm
Stage 8 - Silver - 90 Minute Class (Year 3 - ages 7/8)	4.15-5.45pm		4.15-5.45pm 6.15-8pm	4.15-5.45pm 6.15-7.45pm			9.30-11.00am 11.30am-1.00pm
Stage 7 - Gold - 90 Minute Class (Year 4 - ages 8/9)			4.15-5.45pm 6.15-8pm	4.15-5.45pm 6.15-7.45pm			Beginners 11.30am-1.00pm
Stage 6 - Platinum - 90 Minute Class (Year 5 - ages 9/10 upwards)			4.15-5.45pm 6.15-8pm	4.15-5.45pm 6.15-7.45pm			Beginners 11.30am-1.00pm
Stage 6+ - Primrose Preparation Club Team Gym - 90 Minute Class (Year 6 +)		4.15-6pm 6.15-8pm	4.15-5.45pm 6.15-8pm	4.15-5.45pm 6.15-7.45pm	4.15-5.45pm 6.15-8pm		Beginners 11.30am-1pm
Stage 5 - Club Team Gym Squads - 90 Minute Class (Mixed ages) invitational only		4.15-6pm 6.15-8pm	4.15-5.45pm 6.15-8pm	4.15-5.45pm 6.15-7.45pm	4.15-5.45pm 6.15-8pm		
Stage 4 - Do More Team Gym Squads +90 min class (mixed ages) invitational only	6.15-8pm						
Artistic Development Squads - 165-180 min class (mixed ages) invitational only	4.15-7.45pm	4.15-8pm	4.15-7.45pm	4.15-7.45pm	4.15-7.45pm		

