



AVAILABLE:
Saturday 4-6pm
Sunday by request only
ADDITIONAL AVAILABILITY DURING SCHOOL HOLIDAYS

COME HAVE A GYMTASTIC BIRTHDAY WITH US!



We offer you and your guests exclusive use of the facilities and the undivided attention of our team. This means one party at a time and the party-goers are made to feel extra special. Our Birthday options are listed below. Please read our terms and conditions of booking and visit our website should you wish to check availability for your child's party.

Target age: Preschool and Reception

Option 1 - "Dino Bach" Gymnastic Dance and Bounce party with party games.

A 1 1/2 hour party slot (plus 15 minutes free set up and welcome allocation)

Gym Bear has lots of friends to introduce to you and offer your child a fun packed animal themed gymnastics, dance and bounce party. After being introduced to "Dino", this party offers a fun warm up of dance and activities and a journey of fun activity stations themed around the British Gymnastics "My Badge Award".

A personalised birthday greeting will be delivered following tea time with "Draig Bach" delivering the birthday cake. This followed by some party game activities before a photo shoot with "Dino".

Each child will receive a Party Photo of "Dino" to take home. There will also be a special gift for the birthday child.

Target age: 5-6 years

Option 2 - Olympic Medal Proficiency 8 party with party games

A 2 hour party slot (plus 15 minute set up and welcome allocation)

A fun warm up of activities along with energetic children's party games tailored to this age range. This will lead into fun activity and bounce gymnastic stations guided by the Proficiency 8 British Gymnastics Award Scheme.

A personalised birthday greeting will be delivered with the birthday cake. This is followed by some prize-winning entertaining activities.

Each child will receive a British Gymnastics Proficiency 8 Award to take home. There will also be a Special Olympic Ceremony for the birthday child and a celebrity paparazzi opportunity around the Olympic Podium. There will also be a special gift for the birthday child.



Target age: 7 years

Option 3 - Olympic Medal Proficiency 7 with party games

2 hour party slot (plus 15 minute set up and welcome allocation)

A fun warm up of activities along with energetic children's party games tailored to this age range. This will lead into fun activity and bounce gymnastic stations guided by the Proficiency 7 British Gymnastics Award Scheme.

A personalised birthday greeting will be delivered with the birthday cake. This is followed by some prize-winning entertaining activities.

Each child will receive a British Gymnastics Proficiency 7 Award to take home. There will also be a Special Olympic Ceremony for the birthday child and a celebrity paparazzi opportunity around the Olympic Podium. There will also be a special gift for the birthday child.



Pricing Packages:

1) £135 - up to 12 guests (inc. birthday child)

2) £155 - up to 16 guests* (inc. birthday child)

BOTH OPTIONS INCLUDE FOOD

*See red box below for additional guest options

Target age: 8-18 years

Option 4 - DANCE & BOUNCE Disco-themed party

A 2 hour party slot (Plus 15 minutes free set up and welcome allocation).

A fun packed party of timed challenges to compete for top place on the party league board, plus time on the beam, bars, tumble tracks, trampoline and inflatable pit.

A personalised birthday greeting will be delivered with the birthday cake. There will also be a special gift for the birthday child.



Additional friends (up to a maximum of four) can be added to any party option @ £10 per child if agreed by club when booking is made, subject to coach availability. Please read our terms and conditions overleaf and complete our birthday enquiry form on our website www.ruthin-denbighgymnasticsclub.co.uk if you wish to check availability or ask any further questions.



Terms and Conditions

(Party organiser is the customer, party provider is Ruthin & Denbigh Gymnastics Club Ltd)

Party food and drinks area:

We provide a party table area with food at no additional cost. The party organiser can bring their own cake. A knife and serviettes will be provided. You are welcome to bring your own personalised party decorations to complement our themed offering.



2 Volunteer helpers must be designated by the party organiser:

Given the nature of all party options, the club requires there to be 2 designated volunteer helpers in addition to the staff provided by the club. These need to be provided by the party organiser, to actively help and assist the Coach(es) to oversee activities should this be considered necessary by the party provider on the day, to encourage safety. Only parenting experience is necessary for this role and other spectators are asked strictly to remain in the spectator area and not to join in the party. We welcome you to use our Adult Gym & Teenage Classes on a Sunday 1-2pm as your playtime, as children are not allowed to come to these!

Booking requirements:

Please state on your booking form the name and age of each child attending your party. Please also detail any additional or special needs that any of the children have. Providing this information will allow for us to determine the best positive experience we can for every child attending your child's party.

Conditions of booking:

A full medical declaration for each child must be completed by the parent of the child attending your party.

All medical declaration forms, along with the remainder of the cost of the party must be received by the club at least 14 days before the party date, to ensure adequate cover of insurance is in place.

A non-returnable deposit of £60 must be received with the booking form to secure the party.

Private Party Hire Times:

Saturday 4-6pm

Sunday by request only

(15 Minutes set up and welcome time is provided free of charge prior to the start time of your party).

Half term holidays, Easter and Summer have party times with greater flexibility, subject to availability, so please just ask.

Should the club have sickness of coaches:

The club does not wish to cause inconvenience to any party organiser, but takes its child protection obligations very seriously. The club upholds British Gymnastics coach to child ratio for party events reflective of the age of the children attending the party and provides suitably qualified coaches individual to each party. Due to unforeseen circumstances, the club may have insufficient cover to fulfil this British Gymnastics criteria and therefore will have no alternative but to cancel. An apology would be communicated to the party organiser at the earliest opportunity. The club will offer a variety of options which will include a full refund including deposit, or an option for the party organiser to choose an alternative party date.

Keeping your children happy and safe in our club environment:

You can be confident that all staff provided for your party are suitably qualified British Gymnastics Coaches with current Safeguarding Children Certificates and Enhanced DBS Checks. The club has policies in place for all matters including Child Protection, Health & Safety and Codes of Conducts for Coach, Parents, and Participants. The Party Organiser will be provided by the club with the terms and conditions of upholding our safe environment on the day of the party and will sign on behalf of all members for all those attending the party to ensure the Clubs Coaches are able to fulfil their responsibility to adhere to the strict Health & Safety guidelines for parties led by British Gymnastics Coaches.

Insurance:

Only the children listed on the booking form are insured to take part and access any equipment. Parents or those accompanying their child are asked to refrain from entering the gymnastic areas whilst the party is taking place. The coach may request or require additional support to encourage safety during the party from the designated volunteer helpers indicated by the party organiser on the booking form.

All those delivering and attending the party accept that they will abide by the club's policies adopted from British Gymnastics and the party organiser and two designated volunteers will remain in attendance during the full booking activity.

What your party needs to wear?

Suitable non-restrictive sportswear without zips. Bare feet. Strictly no jewellery.

Feedback following party:

We welcome you to complete our party feedback form following your party. This can be completed at the venue or online. We have a great venue and want to ensure that we continue to share it in the best possible way for a memorable experience to those celebrating their very important birthday occasions.

